

HOW'E DOIN'

Updates, activities, and news for PEC Staff, Soldiers, and their Families



More than 1,100 participants gathered at the Professional Education Center, for the Department of War's largest unclassified cyber exercise.

General Steven S. Nordhaus, Chief of the National Guard Bureau, participated in Distinguished Visitors Day, where he presented challenge coins and expressed his appreciation for the exercise.

U.S. Rep. French Hill, Arkansas' 2nd Congressional District, delivers remarks during the opening of Cyber Shield 2026 at the Professional Education Center on July 12, 2026. Representative Hill emphasized the importance of the annual exercise in strengthening cybersecurity readiness.

With a shared commitment to physical readiness and teamwork, participants gathered for a 2-mile run to kick off the training day. The runners represented the National Guard Professional Education Center, the Arkansas National Guard, and distinguished visitors participating in the exercise—proving once again that we are "Stronger Together."



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On 14 July 2026, PEC Senior Enlisted Leaders and the Holistic Health and Fitness team gathered at the Robinson Maneuver Training Center's AFT Track for a hands-on CFT Familiarization event. This shared preparation ensures our senior leaders are fully capable of coaching correct form, enforcing grading criteria, and successfully leading their Soldiers through the upcoming evaluation.

☐	IWQ	28AUG
☐	Danish Flyver Ruck	29AUG
☐	OIF Ended (2010)	31AUG



"I made it! It could not have been more rewarding to set such a goal and accomplish it without any issues," said Capt. Vance Morris. The Sheep Dog Impact Assistance Group was comprised of police officers, military personnel, and retired first responders. These men and women were given a unique opportunity to summit the Rooftop of Africa. The experience offered such a tie back into that community that was once experienced while serving; something larger than themselves. They hiked over 50 miles with an elevation gain of approximately 17,000 feet in 7 days. Capt. Morris stated, "I'm thankful to have had this opportunity and an organization that allows me to continue following my dreams!" Congratulations Capt. Morris!